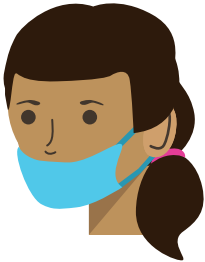


# How to Wear a Homemade Mask

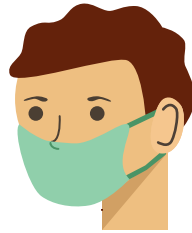
Here's how to avoid these common mistakes when wearing a face mask.



**Do** wear your mask so it covers your chin, mouth and nose (up to the bridge). Tighten the loops or ties so the mask is snug around your face without leaving any gaps.



**Don't** wear your mask under your nose.



**Don't** only cover the tip of your nose.



**Don't** wear your mask loosely.



**Don't** leave your chin exposed.



**Don't** keep your mask wrapped around your neck.



**Don't** touch your mask while wearing it.

**UNC**  
HEALTH<sup>SM</sup>